



FIRST 72 ON YOU CHECKLIST

ESSENTIALS FOR BASIC EMERGENCY SUPPLY KIT

- Water (at least 3 days of water. 1 gallon per person/pet)
- Non-perishable food (at least 3 days)
- Can Opener
- Extra cell phone battery or charger
- Flashlight and extra batteries
- First aid kit
- Prescription medication & glasses
- Important family documents

ADDITIONAL ITEMS TO CONSIDER ADDING TO EMERGENCY SUPPLY KIT

- Multi-purpose tool
- Sanitation and personal hygiene items
- Whistle
- Matches
- Clothing
- Battery Operated/Crank Radio
- Pet Items
- Map of Area
- Items Specific to family members

PET SUPPLY LIST

- Food
- Water
- Medicine
- First Aid Kit
- Collar with ID tag
- Leash
- Travel bag, crate, or sturdy carrier
- Sanitation needs (pet litter and litter box)
- A picture of you and pet (in case you become separated)
- Familiar items (favorite toy, treats, or bedding)

FOR MORE INFORMATION, VISIT
WEBSITE ADDRESS



Choctaw Nation of Oklahoma

CHOCTAWNATION.COM

