

# COVID-19, FLU, OR RSV? RESPIRATORY ILLNESSES

Symptoms of Covid, Flu and RSV are similar. It is best to see a provider as soon as you start to experience symptoms, because the treatment for each is different and early intervention is important.

SIGNS AND SYMPTOMS <i>Note, symptoms will differ from person to person.</i>	RSV	FLU	COVID-19
Symptom onset	Gradual	Sudden	Gradual
Incubation period*	2-8 days	1-4 days	1-14 days
Average duration	1-2 weeks	4-7 days	5 days to few weeks
Cough	C	C	C
Runny nose	C	C	C
Fatigue	S	C	C
Fever	S	C	C
Headache	S	C	C
Muscle and body aches	S	C	S
Sore throat	S	S	C
Sneezing	S	S	S
Shortness of breath or difficulty breathing**	S	R	C
Diarrhea***	R	S	S
Loss of taste or smell	R	R	S

\*Incubation is the amount of time between exposure and the onset of symptoms.

\*\*In RSV, shortness of breath occurs more in infants and young children.

\*\*\*In flu, diarrhea is more common in children

**C** Common    **S** Sometimes    **R** Rare

